

The Court Trumpet



St. George's Court

Website: <http://www.stgeorgescourt.org>

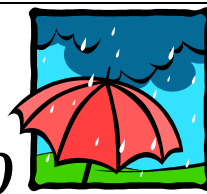
Property Manager: Garry Franklin (512) 459-8285

Social Services Coordinator: M A Longenecker (MAL) (512) 459-1002

Maintenance: Eleodin Gonzalez



April 2010



Garden Contest Begins This Month

April 5 Catered Lunch. For those who signed up, there will be a bar-be-que luncheon sponsored by the Resident Council on this date. Lunch will begin at 11:30 and there will be an Easter Egg Hunt after the meal for those able to move! If you signed up for a meal but are unable to come down to the Community Room, please call Mal and she will arrange for your meal to be delivered to your apartment.

April 8 Resident Council. The Resident Council Meeting is open to any and all residents, please plan on attending this meeting as we discuss issues and make plans for up coming events here at the Court. The meeting will begin at **1:00**. Attend the meeting and you might win an HEB or WalMart gift card.

April 9 National Name Yourself. See the article below regarding this “fun” activity.

April 12 Blood Pressure/Blood Sugar Screening. Come down to the Community Room and have you BP/BS checked for free by Mireya Medina of Amecare Plus Home Health Agency. No need to signup, just come and take advantage of this free service.

April 13 Lunch Out. Fujain Oriental Buffet will be our restaurant for this month. Cost is about \$8.00.

April 19 Lunch 'n Share. See the article below for more information about this event.

April 21 Food Pantry. Fresh food and food pantry items will be distributed from 1-4, sign-up begins at 12:30. There will be another opportunity to receive food on **April 22**, from 3-4.

April 22 Earth Day. Get out of your apartment and enjoy the earth. Plant a flower, pull a weed, start a patio garden, or just take a walk.

April 28 Movie Matinee. At 1:00 we will have a movie in the Community Room. This month's movie "Bucket List".



Book Review Is Back...Cammie Stephan

HIGH SEAS MURDER by Shelley Freydont

This is a series of books based on Ms. Freydont experience as a professional dancer.

The Jeremy Ashe Dance Company has been asked to perform and do a question and answer session. But there will also be time to relax and enjoy the amenities. During the plush dinners, they have the opportunity to try some fund raising. But then strange things start to happen!?!?

This is just a fun read - enjoy.

THE HAUNTING OF TORRE ABBEY by Carole Bugge

If you are Sherlock Holmes purist, DO NOT LOOK AT THIS BOOK, but if you just enjoy the period and identity of the characters - I really suggest you READ THIS BOOK!

You will see a similarity to [The Hounds of the Baskervilles](#) , but it is a different story with its twists and turns.

Enjoy the weather - sit outside with a glass of lemonade and read.



TIPS: Things I'm Pleased to Share

SNAP (formerly Food Stamps): Many of you may qualify for help³ with your groceries through SNAP. This program provides you with a Lone Star Card that you can use at any grocery store. The card is loaded each month with the amount of financial assistance for which you are qualified. If you would like to complete an application, call MAL and setup and appointment.

Don't Forget: Please bring you dishes and utensils to meals held in the Community Room.

Paying Bills at WalMart: FYI you can pay your gas and electric bills at the Service Desk of WalMart.

Lunch 'n Share: On April 19, there will be a Lunch 'n Share. Instead of having a guest speaker, you are invited to come to the Community Room for lunch and to share ideas or helpful hints with your neighbors. Our residents have better information about life at SGC and community supports than any quest speaker I can invite. Lunch will be served at 11:30.

Yard of the Month: We will begin our Yard of the Month contest this month. Criteria for judging will include: creativity, overall appearance, and creative use of color; items on the patio will not be considered in the yard judging. An apartment can win only once in a year.

Care Calls: Would you like a regular volunteer to call you over the phone twice a week to have a friendly phone

conversation? Care Calls is a telephone reassurance program sponsored by *Meals on Wheels and More*, that focuses specifically on the social needs of the homebound population. The aim of this program is to foster friendship, and in doing so alleviate some of the isolation and loneliness that many homebound people experience. They provide this service regardless of income and do not charge clients for any services offered, though donations are accepted. Care Calls clients do not necessarily receive other services offered by them, such as meals. If you are interested in participating in this program please call MAL at 459-1002.



Welcome New Residents. Lisa Dove (406) and Junko Yankwitt (502).
Also, the Coxes have moved to 606.



RANDOM ACTS OF KINDNESS (RAK).

Thanks to Kim for cleaning up the laundry room.

Thanks to the Act-Teens for helping us with our gardens and for bringing food to share.

ON-GOING ANNOUNCEMENTS

After Hours Maintenance: If you have a maintenance issue after hours call Garry @ 897-9387 or Leo @ 228-6780.

April Happy Birthdays: Happy Birthday to Ha Ryong Song (11). We will celebrate April Birthdays on April 29, at 3:00. Come down to the Community Room for cake and birthday wishes.

On-going Events: Please check your calendar frequently throughout the month and sign up if necessary in Community Room. (If you need help seeing/reading the calendar, please ask MAL for assistance.)

Library: Tuesday April 20, at 1:00 **Bingo:** Every Tuesday 2:00

Walking: Mon., Wed., Fri., 9:00 **Tai Chi:** Every Tuesday 4:00 – 4:30

Tea Time: Mon., Wed., Thurs., 3:00

Chair Exercise M,W, F 10:30 – 11:00 Currently postponed until further notice.

Book Club: 4th Tues. at 7:00 – April Book, “Ten Big Ones” by Janet Evanovich.



Upcoming Events

May 18 Mobile Podiatrist